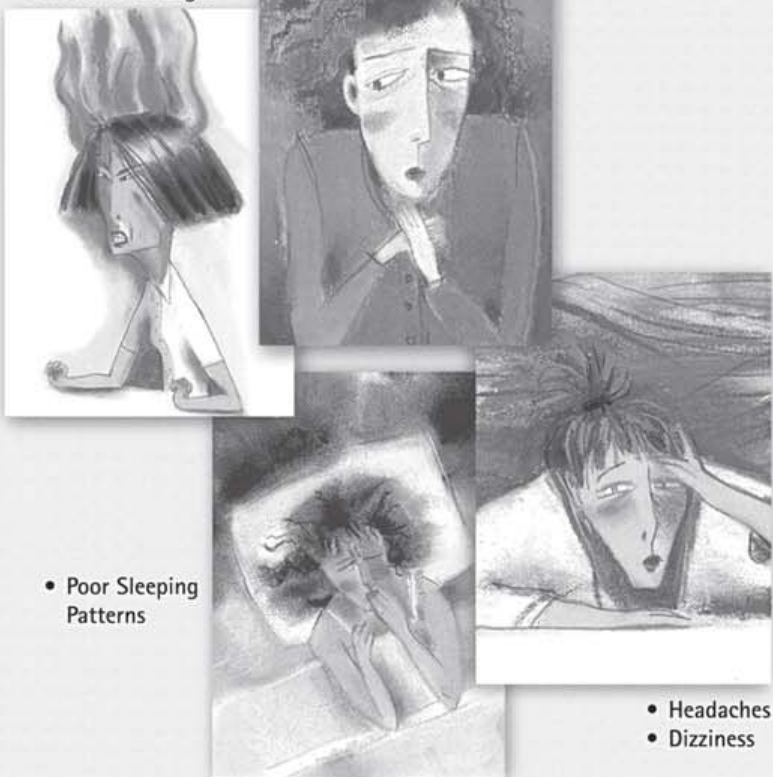


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- Palpitations
- Hot Flashes



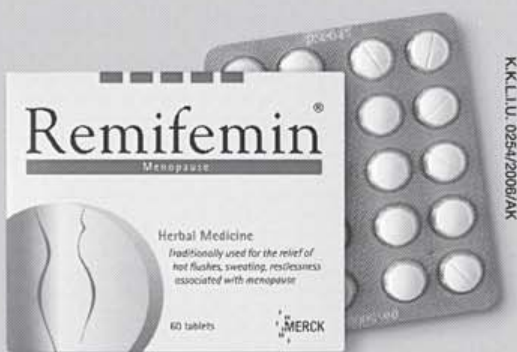
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The awkward years of adolescence, the discomforts of menstruation, the unforgettable pain of childbirth. Coming to middle age, a woman has to face yet another difficult phase - menopause.

You can't stop menopause, but you can certainly bring an end to its symptoms. Choose **Remifemin[®]**, the phyto medicine that helps reduce the discomforts of menopause. **Remifemin[®]** is traditionally used for the relief of hot flashes, sweating and restlessness associated with menopause.

Its uniform dosage and stringent standards mean that every woman can rely on **Remifemin[®]**'s quality. Now living your life to the fullest is an easy task, thanks to **Remifemin[®]**!



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Cellulite trimmer

A hypoallergenic garment is said to have slimming and anti-cellulite effects.

BEAUTY NEWS

By **PATSY KAM**
taps@thestar.com.my

THE unsightly "orange peel" skin on the lower part of the body known as cellulite is the bane of

women everywhere. It is a skin cellular problem rather than a weight-related one, so everyone is susceptible to it, including skinny people.

Cellulite or "edematous-fibrosclerotic panniculopathy" is a very common ailment caused by a change in the microcirculatory and lymphatic systems. These systems become less effective, resulting in edema formation and subsequent damage of the dermis fibrous component and impaired metabolism. The situation may be made worse by the accumulation of toxins and compounds that have not been metabolised such as sugar, lipids and proteins that get stored in fat cells as triglycerides.

There are many things in the market that claim to be able to help reduce cellulite such as creams and lotions, electrical gadgets, and special bath therapies. A hypoallergenic garment made in Texenergy (patented) fabric in Italy, has been evaluated with positive results to have slimming and anti-cellulite effects.

The Texenergy Bodysuit is made of soft microfibre. Due to its seamless construction, the suit is comfortable and can be worn throughout the day.

Copper, zinc and silicon yarns are interwoven in the fabric of the suit. Copper helps to oxidise vitamin C and works with it to form elastin.

Zinc is an essential mineral present in the body and it's a component of at least 25 enzymes involved in digestion and metabolism. Recent medical studies have shown that it is useful for treating burns and wound healing as it promotes quick healing of scars or arterial injury.

Silicon, an essential oligo-mineral, is a natural antioxidant and helps maintain tissue elasticity. Putting the first two metals together is claimed to create an infinitesimal current that improves drainage stimulating venous micro-circulation that helps in the elimination of localised fat in the adipose tissue. The silicon acts as a conductor and at the same

time, protects and keeps the skin naturally healthy.

This concept is based on metal therapy, an ancient science that treats pathologies by applying metals to the parts to be cured. The energy the metals develop when releasing the right amount of minerals, diffuses well-being via biostimulation of micro-circulation and magnetic fields.

Metal therapy or "metallotherapy" originated from Victor Heab Antoine Burq who published a paper in 1853 on its efficacy in nervous maladies, paralysis, and chronic rheumatism.

The suit is touted to give the benefits of metallotherapy, thanks to the graduated decreasing compression exerted at chosen points. It's also said to add shape to the tummy and buttocks.

A recent study was conducted in Italy by Dr Marisa Mosca, a specialist in allergology and dermatology, and Dr Claudia Rona, a specialist in pharmacology, to test the efficacy of the suit. Twenty one women, aged between 21 and 65, were required to wear the suit for eight hours a day, for eight weeks.

The slimming effects of the suit were seen after four weeks. Microcirculation improved, and most of the subjects, after four and eight weeks, showed a firmer skin and a reduction of the so-called "orange peel" skin.

There is also a Texenergy Bodysuit tailored for men to help get rid of cellulite, and help slim the tummy and waist.

Active pain relief garments are sometimes used as aid to relieve painful pathologies. Clinically-tested, they are said to help in the treatment of localised bruising, inflammatory conditions, recovering joint functionality, sports injury recovery, post surgical recovery and cramp pain relief. Other common conditions to be treated include tendonitis, tennis elbow, dermatitis, rheumatic pain and athlete's foot.

Metallotherapy also helps in the treatment of inflamed or stiff joints and muscles, localised edema and lumbo-sciatic neuralgia, among other conditions.

Texenergy has a very soft and elastic lumbar belt designed for this purpose.

Other products under the range include boxer shorts with lumbar belt for men, panty with lumbar belt for women, ankle support and muscle warmers, shoulder cover with back support, gloves, wristbands and high-waist cyclist shorts.

For details, call ☎ 03-7981 0970.

The Texenergy Bodysuit is said to reduce cellulite and shape the tummy and thighs.



The version for men.

